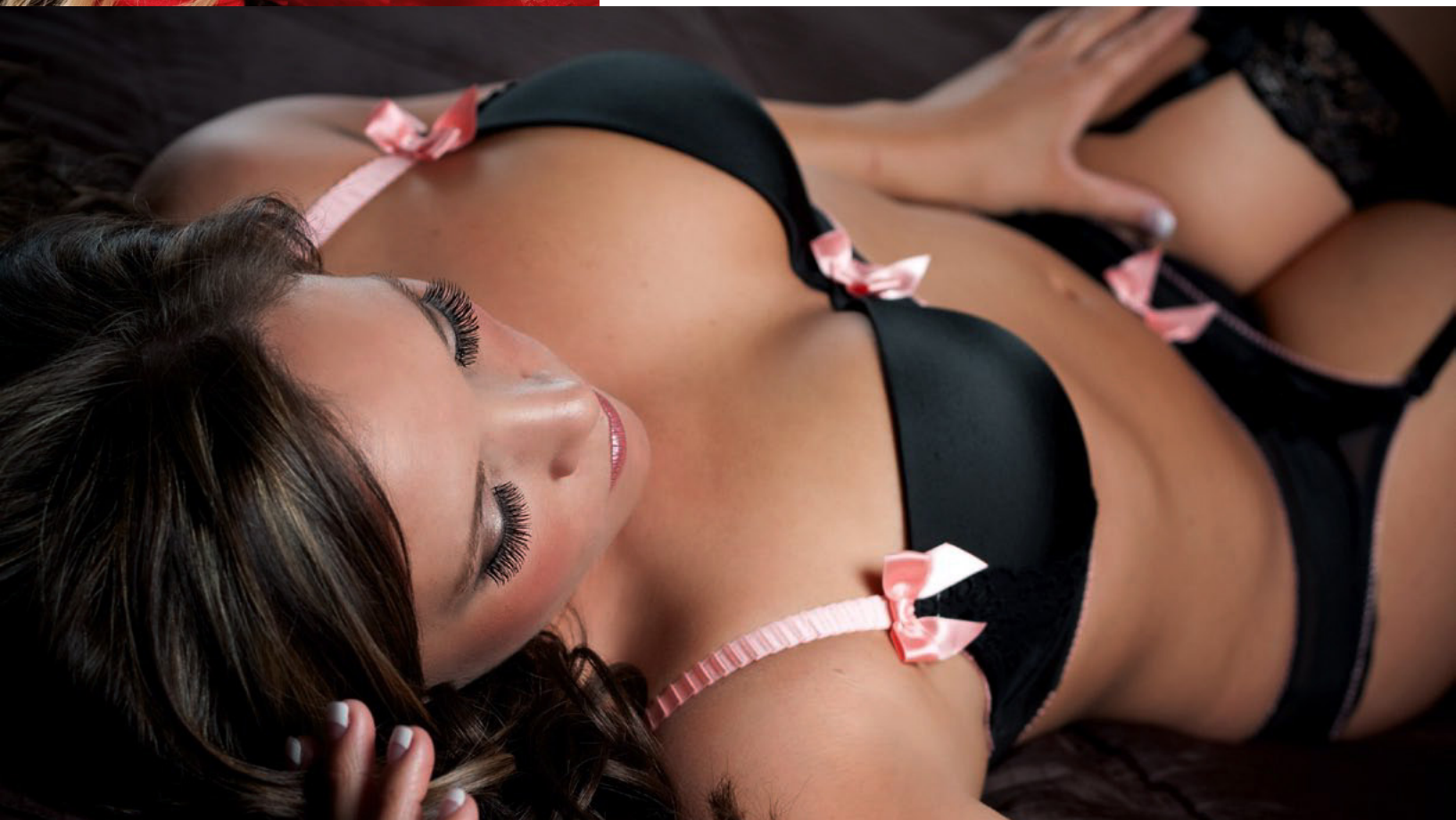
# Preparing for Your Boudoir Session



- **Pre-Session Tips & Info**
- **Session Photo Ideas**

This packet serves as your handy guide for a seamless boudoir photo session. It includes essential pre-session tips, creative photo ideas to consider, and a checklist to help you prepare. Consult it to define your session goals and expectations.

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# BOUDOIR PRE-SESSION TIPS & INFO

**Age Verification:** Please bring a valid photo ID, such as a Driver's License. We take age verification seriously, as photographing underage individuals in revealing poses can lead to legal issues for the photographer.

**Beauty Makeovers:** Getting your nails, hair, and makeup done is a fantastic idea. However, avoid trying out new facial peels or hair removal techniques right before your session. Also, steer clear of tanning a few days prior to your session to avoid tan lines and potential skin issues.

**Get Rest, Drink Water:** A good night's sleep can do wonders for your appearance. Drinking water also enhances your complexion, making you look refreshed and radiant.

**Come to Your Session Sober:** While you might be tempted to loosen up with a drink, it's crucial to be fully coherent for your session. Being the star of your own photo shoot requires focus and the ability to follow directions.

**Avoid Tight or Binding Clothing:** Wearing tight clothes before your session can leave marks on your skin that take time to fade.

**Time Management:** Make sure to give yourself ample time to get to the session. When you're not rushed, you're less stressed. Have everything, including your hair and makeup, ready well in advance.

**Makeup:** For our boudoir style, a dramatic look usually works best. False eyelashes can also add a touch of glamour. We can recommend professional makeup artists who offer reasonable rates. Don't forget to bring a makeup kit and hair products for touch-ups.

**Hair:** We suggest a hairstyle that's a notch above your everyday look. Think volume and style for a sultry or playful appearance.

**Other Tips:** Opt for clear deodorant and light or no perfume. Stubble can disrupt a "smooth" look, so plan your grooming accordingly. Browse through some photos that catch your eye and practice a few poses and facial expressions beforehand.

**What to Bring:** Feel free to bring your favorite music and any items listed on the "Boudoir Session Photo Ideas" sheet. We also allow one supportive friend to be either on-set or in a waiting area. Please contact us in advance to discuss this option.

# BOUDOIR SESSION PHOTO IDEAS

There are endless opportunities to get creative with your boudoir photos! Different types of lingerie, shoes, and even an article of clothing from a loved one can add depth and variety to your session. Mixing up outfits, backgrounds, poses, and facial expressions will give you a wider range of photos to choose from. To kickstart your creativity, here are some ideas. Additionally, browsing through lingerie catalogs and websites can provide further inspiration and ideas.

- ❑ Lingerie: incl. hosiery
- ❑ Accessories: necklaces, bracelets, earrings
- ❑ His shirt, tie, boots, team jersey, football...
- ❑ Costume: If the theme holds a meaning to you
- ❑ Swimsuit
- ❑ Sexy shoes
- ❑ Sheer fabrics & scarves
- ❑ Hat, gloves, and other props
- ❑ Bridal Veil for “Bridal Boudoir”
- ❑ Shorts, skirts, and tops

Which of the following bests describes what you’d like your photos to look like? Keep in mind that your session is time-limited, so a multitude of outfit and background changes may not always be feasible. However, we aim to craft a session plan that captures a diverse range of looks while ensuring a cohesive style for your album. The choices you make here, as well as during your consultation with us, will help set the direction and goals for your session.

- ❑ Hi-Fashion: Lingerie Ads, Perfume Ads, etc.
- ❑ Old Hollywood: 1940’s starlet
- ❑ Serious and Sensual
- ❑ Sexy
- ❑ Romantic
- ❑ Dreamy
- ❑ Strong
- ❑ Playful
- ❑ Coy
- ❑ Sultry